

Report prepared for  
**MIKE\_INTJ SAMPLE**  
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Interpreted by  
**ABC**  
Alpha Beta Gamma

## Introduction

This report applies your results from the Myers-Briggs Type Indicator® (MBTI®) assessment to help you identify job families and occupations that are a good fit for your reported MBTI type. The MBTI assessment was developed by Isabel Briggs Myers and Katharine Briggs and is based on Carl Jung's theory of psychological types. It has been used for more than 80 years to help people become more satisfied and successful in their careers.

- Identify job families, or broad occupational categories, to help get you started in your career search
- Choose a specific job or career
- Select a college major or course of study
- Identify strengths and potential weaknesses of your type for the career search process
- Increase your job satisfaction
- Make a career transition or shift
- Plan your career development strategy and action steps

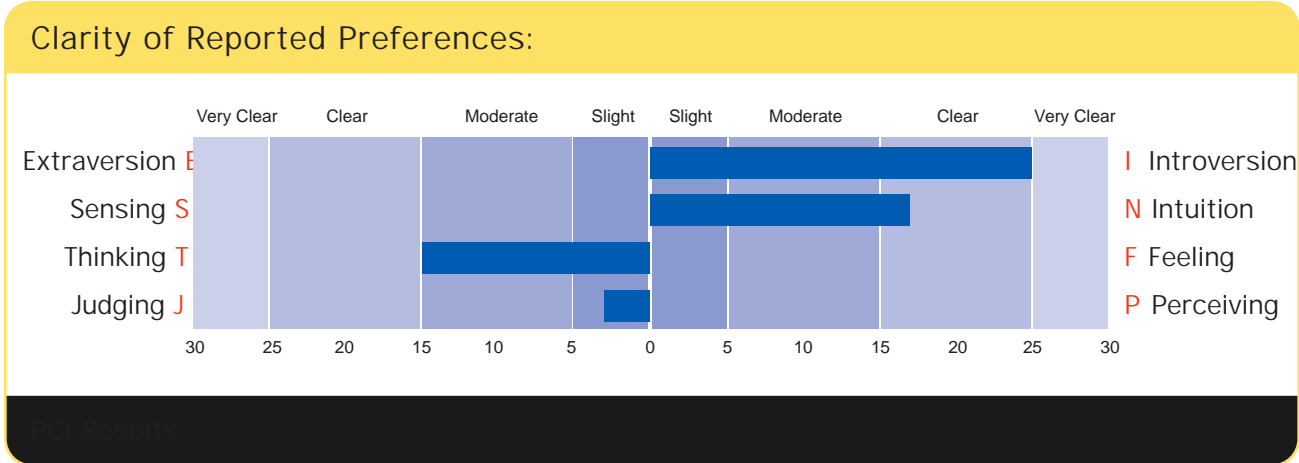
The job families and specific occupations used in this report are adapted from the O\*NET™ system of occupational classification developed by the US Department of Labor, which is the standard method for classifying occupations. The relationship between the O\*NET occupations and MBTI types has been established using information from a database of more than 1.3 million working adults who recently took the MBTI assessment. Everyone in the sample had been in their job for more than two years and had reported that they were satisfied with their jobs.

This report is only one source of information. When choosing a career or contemplating a career change, you must also consider your abilities and skills, your occupational and leisure interests, and your values and goals. You will also need information about specific tasks involved in different occupations, as well as current career opportunities. Additional career information can be found online at [www.onetonline.org](http://www.onetonline.org).

### How Your MBTI Career Report Is Organized

- Summary of Your MBTI Results
- How Your Type Affects Your Career Choice
- How Your Type Affects Your Career Exploration
- How Your Type Affects Your Career Development
- Job Families and Occupations for Your Type
  - Ranking of Job Families
  - Most Popular Occupations
  - Least Popular Occupations
- Notes

Your responses on the MBTI assessment not only indicate your preferences; they also indicate the relative clarity of your preferences—that is, how clear you were in expressing your preference for a particular position over its opposite. This is known as the preference clarity index, or pci. The bar graph below charts your pci results. A longer bar suggests you are quite sure about your preference, while a shorter bar suggests you are less sure about that preference.



## How Your Type Affects Your Career Choice

The kinds of tasks and work environment that tend to be preferred by INTJs are shown in the charts below. Working at these kinds of tasks and in this kind of environment will help you feel more comfortable and satisfied in your day-to-day work because you will have opportunities to express your natural preferences.



### Action Steps

- Identify a specific job you are considering.
- Using an occupational library or online source such as the O\*NET database, at [www.onetonline.org](http://www.onetonline.org) investigate the kinds of tasks you would be doing and the kind of environment you would be working in for this job.
- Compare these tasks and work environment to those identified for your type in the charts above.
- If there is considerable overlap, you may want to pursue this opportunity.
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## How Your Type Affects Your Career Exploration

How you go about exploring career options will be influenced by your INTJ preferences. Your type will help you in your career exploration activities in distinct ways, just as it may present some distinct challenges for you.

Your type strengths will help you:

- Determine your long-range goals
- Develop a plan to achieve your goals
- Logically analyze the pros and cons of different career options
- Focus on the big picture
- Use technology effectively in your career exploration

Challenges

Suggested Strategies

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### Action Steps

- Review the list of strengths that are a natural part of your type. Make sure to rely on them as much as possible throughout your career exploration process, especially when you are feeling anxious.
- Review the challenges related to your type. The strategies suggested for dealing with these challenges require you to move beyond your natural comfort zone, so don't try to overcome all these challenges at once. Pick one or two to start with and work at them until you feel more comfortable.

### Your style has probably helped you develop strengths in:

- Defining a compelling, long-range vision
- Devising innovative solutions to complex problems
- Applying technical expertise to solve problems
- Thinking strategically and seeing the big picture
- Looking beyond the symptoms and solving problems at the systems level

### Challenges

### Suggested Strategies

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|--|---|
| <ul style="list-style-type: none"><li>• You may appear impersonal or distant to others as you focus exclusively on the task at hand.</li></ul> | <ul style="list-style-type: none"><li>• Take some time to ask your coworkers personal questions and listen to their answers.</li><li>• Celebrate accomplishments and anniversaries.</li></ul>   |
| <ul style="list-style-type: none"><li>• You may neglect to consider the needs of the people who must implement your plans.</li></ul>           | <ul style="list-style-type: none"><li>• When you make a decision, ask yourself how it may be perceived by those you must count on to implement it.</li><li>• Better yet, ask one of those people how their reaction will affect implementation; then revisit your decision and factor in this additional information.</li></ul> |
| <ul style="list-style-type: none"><li>• You may neglect to recognize and appreciate the contributions of others.</li></ul>                     | <ul style="list-style-type: none"><li>• Make a written note of a person's contributions in a meeting or during a project and then follow up with an acknowledgment.</li><li>• Set a goal to give a certain number of "appreciations" per day.</li></ul>   |

### Action Steps

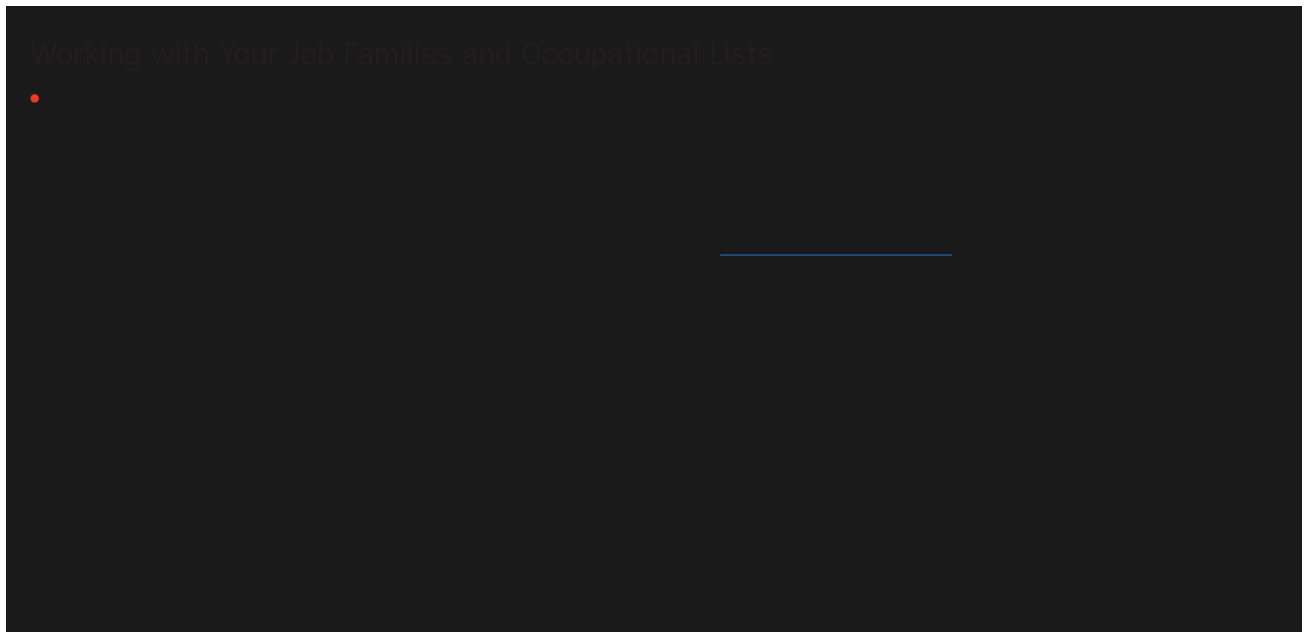
- Identify a career or job you are considering.
- Review the list of strengths and challenges above.
- Evaluate how much the job you have in mind will allow you to use your natural strengths and challenge you to use other preferences. You will probably be most satisfied with a job that allows you to use your strengths most of the time but also provides a manageable degree of challenge.

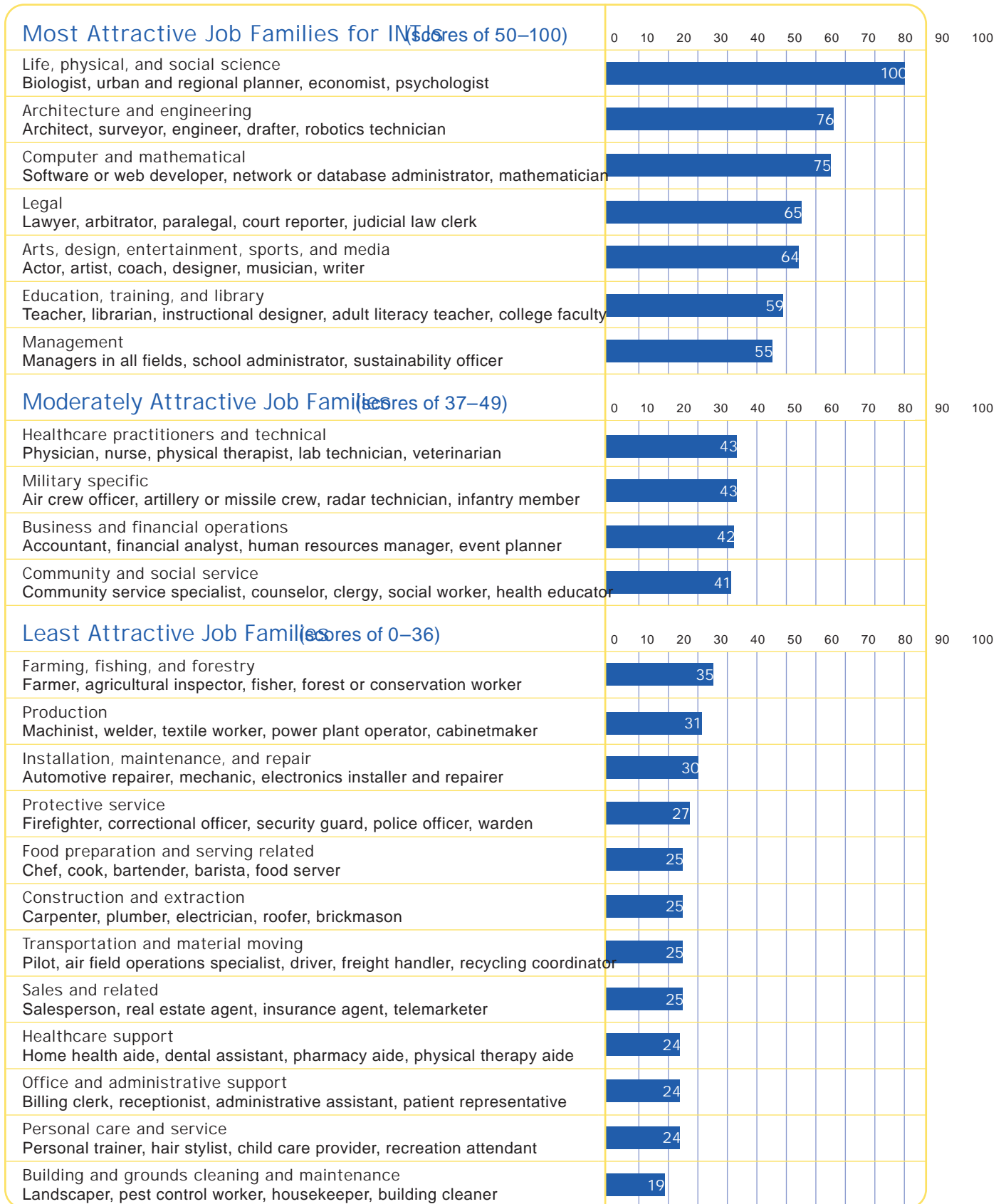
## Job Families and Occupations for INTJs

The following pages of your Career Report present 23 broad occupational categories, or “job families,” and a number of specific occupations and show how they rank in popularity among INTJs. This ranking is based on information from a sample of more than 1.3 million people in 746 jobs who said they were satisfied with their jobs. There were 58,791 INTJs in this sample.

The chart on the next page shows the popularity of 23 job families among INTJs, divided into three groups: those most attractive to INTJs, those moderately attractive, and those least attractive. The longer the bar on the chart, the more attractive the job family.

- Use job families listed as most attractive to INTJs as the best opportunity for you to find an







## Most Popular Occupations for INTJs

The occupations listed below in rank order are a sampling of those that are most attractive to INTJs. Individuals of this type are found in these occupations in much greater proportion than would be expected based on the frequency of this type in the general US population. You are likely to find these occupations most satisfying because you will:

- Have opportunities to express your preferences
- Be recognized and rewarded for using your natural gifts and strengths
- Perform tasks and address problems you find interesting and challenging

Three main groups of occupations appeal to INTJs. The first involves careers in the sciences, primarily in the life sciences. Another group involves careers in teaching at the university level. A third group involves occupations in science and math. All of these careers provide opportunities for INTJs to use their objective, analytical approach.

## Action Steps

## Least Popular Occupations for INTJs

Listed below are 10 occupations in which INTJs are not likely to be found. If you enter one of these occupations:

- You may experience difficulty communicating or agreeing with your coworkers
- The particular gifts associated with your preferences may not be recognized or rewarded
- You may eventually experience stress or dissatisfaction if you are required to work against your natural preferences for too long

### Least Popular Occupations for INTJs

Manicurist and pedicurist	Paper goods machine setter, operator, and tender
Office machine operator	Model
Mining machine operator	Patient representative
Oil or gas derrick operator	Nurse midwife
Mixing and blending machine setter, operator, and tender	Transportation attendant, except flight attendants

### Tips for Succeeding in an "Atypical" Occupation

You should not automatically discount any occupation just because it is not popular among people who share your preferences. In an occupation that is atypical for people of your type, you may find that your different approach is valued and rewarded for being different and you may be seen as an innovator or leader. You may very well succeed and be satisfied in such an occupation if you:

- Can use your preferences productively by creating a special role in which you do a certain set of tasks or by find