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Travelers should clarify whether their insurance plan will cover the cost of doctor's visit(s) and

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restricts mailing medications, and the local customs authorities may stop the package. Both means of acquiring medication refills can be considered drug trafficking.

Travelers should not travel with more than personal-use quantities. Generally, this means no more than a 90-day supply (in some countries 30 days), provided the U.S. doctor can

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Times and standards and holidays 9 a.m. - 9 a.m. Eastern Time. Calls should be placed at .